The Fly Leaf

Volume 58 No. 2 February 2013

Web Page: http://www.ieffc.org_ Editor: Robert Bates

GENERAL MEETING
INLAND EMPIRE FLY FISHING CLUB
MUKOGAWA FORT WRIGHT INSTITUTE
COMMONS
February 12, 2013
Wet Fly Hour: 5:30 p.m.
Dinner: 6:30 p.m.

PRESIDENT'S MESSAGE
By Mike Beasley

With the new year under way, I hope everyone enjoyed the first meeting of the year, I found the presentation to be quite interesting. I have spent a considerable amount time hunting and fishing in the Hells Canyon area but never in the Seven Devils. This is now on my bucket list.

I would also like to extend further congratulations to Gene Lorenson as the recipient of the Letcher Lambuth Angling Craftsman Award. Gene continues the long tradition of IEFFC members who have been recognized for their contributions to the sport we all hold dear.

I would like to bring the membership up to speed on a couple of items addressed at our January board meeting. Currently we are holding our monthly meeting at Fort Wright; this venue has been the location of our gathering for many years. We are currently under contract with Fort Wright through the balance of 2013, before the end of the year we will be addressing our needs for 2014 and beyond. Skip Cavanaugh has been charged with exploring options for our meeting needs. While there are other options, each has components that differ from our existing site. Cost is the biggest factor and the Board is sensitive to this issue. Nevertheless, it is fair to say costs will inevitably be increasing and we need to know from the membership what is most important. I encourage all members to share their thought with any board member. We want the membership to be heard as we make choices in the future.

The Board also re-approved a past approval of $4,000.00 for the WDFW aerator project for West Medical Lake. The Projects Committee spearheaded by George Potter and Jim Athearn championed this cause. Thanks gentlemen!

FEBRUARY PROGRAM
By Lee Funkhouser

Our speaker for the February meeting is world renowned fly fisherman Davy Wotton. His program is in two parts and is entitled "The History of Fly Fishing from the UK to the US" and "The Art of the Wet Fly".

Davy has been a professional fly tyer since the 1960's when he began his career in Canterbury, Kent, United Kingdom. In the 1970's he began to both develop and manufacture fly tying and fly fishing products, while also writing articles on the art of fly fishing. His business led him to opportunities to accept bookings for numerous fly fishing events giving him the chance to fish all over the world.

Davy has designed many flies that have been produced and distributed all over the world. He has worked for national television networks featuring fly fishing and tying and has produced his own Davy Wotton "How to" fly fishing and fly tying DVD's.

Davy has received numerous fly fishing awards and was the International Team Coach for the Youth Team USA. He has also remained active in conservation and the promotion of fly fishing from his current Arkansas home near the pristine waters of the White River System. In addition to continuing his business interests he serves as the Managing Director of the American International School of Fly Fishing.

As an added feature, Davy is offering a 4 hour fly tying class on the afternoon of February 12th. It will be related to tying wet fly/soft hackles and there are still a few spots available at a cost of $40.00. If you are interested please call Lee Funkhouser at 251-3394.

Finally I would be remiss if I did not congratulate Tom May as the first "Cougar of the Month" recipient, Tom you really do look better in crimson and gray! This will not be a monthly award but rather, one that is awarded as the committee sees fit.

As always, keep your anchor on your downwind side

CASTING FOR RECOVERY
By Dave Londeree

Casting for Recovery was founded in 1996 by a professional fly fisher and a breast reconstructive surgeon. CFR was awarded 501(c)3 status in 1998. The national office is based in Manchester, VT. Last year, 44 retreats in 32 states served over 615 survivors. Women who come to the retreat only pay their transportation cost ~ housing, food and all fishing equipment are provided at no cost. The cost to each CFR group is about $1000 per participant, plus the food and lodging needs of the 11-14 staff members. CFR relies completely on donations from individuals; grants; corporations; and fund raisers. Each group is responsible for raising the money needed to fund their retreat ~ or there is no retreat.

What is the connection between fly fishing and breast cancer? Physically, the motion of fly casting is similar to exercises that surgeons prescribe after surgery or radiation, thus promoting soft tissue stretching.

What is the retreat like? The retreats offer fly fishing instruction and actual fishing time; medical expertise; emotional and psychosocial support and time to connect with other survivors, and learn a new skill, in a safe and peaceful setting. Women of any age (late teens to early 80's); cultural and socioeconomic background; and stage of treatment and recovery from breast cancer are eligible to attend the retreat. Up to 14 women attend each retreat. Women participate at their own comfort level. The focus of the retreat is to help the women move forward from the disease, with an emphasis on wellness and empowerment.

How did our local chapter get started? A women's fly fishing clinic put on by Kelly Creek Flycasters four years ago. Two amazing things were discovered: how incredibly healing, nurturing and peaceful fly fishing can be; and what close and beautiful friendships form when you share a fly fishing with others. A group of women heard about CfR and wondered how we could help out the organization. We knew of the group in southern Idaho. They hold their annual retreat in Challis. But that's an awfully long drive for ladies up here to make. Well, some friends got in contact with the chairperson of the committee that runs the southern Idaho retreat and before we knew it, the seed had been planted for a new group here in the north. We applied to the national office and were accepted in May 2011, and now we're off and running. Our chapter covers 13 counties in Idaho, from Boundary in the north to Washington and Valley to the south; and 5 eastern Washington counties. Our biggest challenge is fund-raising!

In the past year and a half, we've worked very hard on letting folks know about our group. We've put up vendor booths in as many outdoorsy or medical-related events we know of. We've attended the breast cancer support groups at both Gritman and Pullman Memorial. We've held quilt and fly rod raffles. We've been at the Lewiston Round-up the past two years, and actually won Best Individual Entry in the parade this year. We're supported by both the Kelly Creek and North Idaho Flycasters Clubs; NIFC held a banquet/auction last October that brought in a much-needed sum of money to help us fund our first retreat. (The 2013 Banquet will be held April 27 at the Coeur d'Alene Inn.) We hosted a golf tournament at Bryden Canyon back in April which was also very successful for us. We've been blessed with generous donations from both individuals and businesses. And most recently we were awarded a grant from Susan G. Komen and a grant from the Pink Shamrock Foundation.

Along with raising funds for our retreat, we had a lot of preparation to do to prepare for it. The first was choosing a location. We needed someplace that was close to a river; that had comfortable facilities; and was located in a peaceful setting. We visited several places near the Clearwater, Snake and Lachsa, but when we went to Shoshone Base Camp on the NF CdA, we knew we found exactly what we wanted.

Donations to our "Casting for Recovery" may be made is several ways. Just be sure to mark your checks to go to the N. Idaho/ E. Washington chapter. Contact Dave Londeree at: dlonderee@roadrunner.com or phone (208) 946-6631.

DUES ARE DUE
By Steve Dixon

Dues are due now and delinquent on March 1, 2013. Bring them to the meeting or mail them to the address on the right.

Inland Empire Fly Fishing Club
Box 2926
Spokane, WA
99220

FLY OF THE MONTH

Spinners **February, 2013** **Everyone**

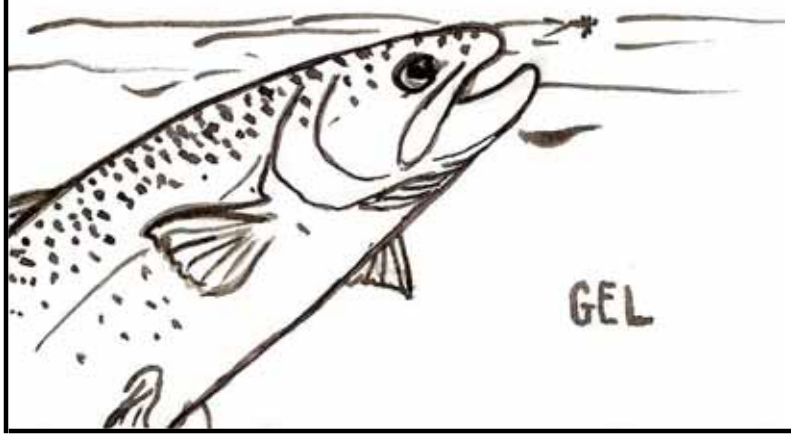
The dreary time of the year - cold, wet, foggy. But the days are gradually getting longer so there is hope. We look forward to the first May flies of the year. The hatch has happened, the mating occurred, and the spent bugs are falling on the water - the spinner fall. Be there when it starts or your presentation could be lost in the crowd. The trout are sipping in a leisurely fashion - no hurry, the spinners can't get away. Keep close track of your fly in the surface film! When the sip comes, hesitate - then gently raise the rod tip . . Ahh! Anticipation! It keeps us going.

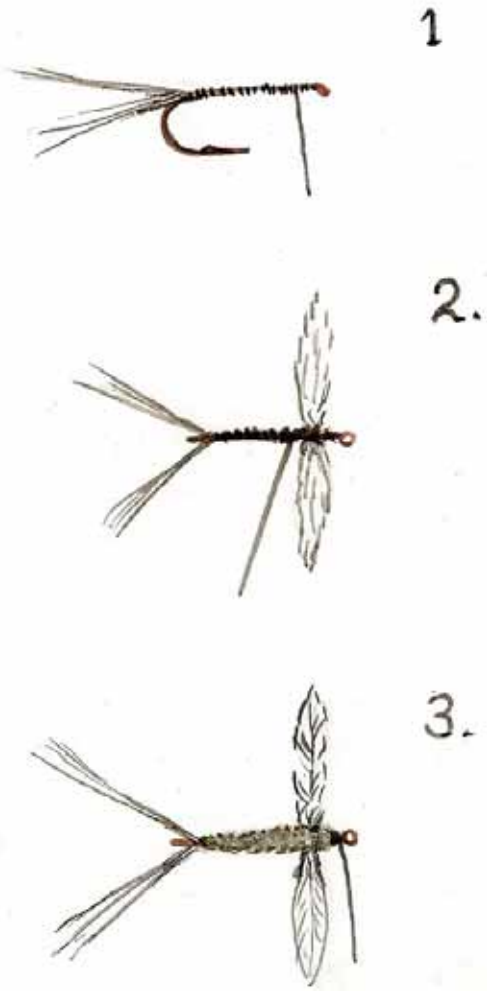
Hooks: Dry fly, 12 - 24
Thread: Fine - color to match pattern
Tail: Hackle fibers or deer hair - divided
Body: Dubbing to match color of flies
Wing: Hackle wound and clipped on the top and bottom or hackie tips tied flat at right angles to the body. Poly wing material tied spent is good also.

1. Pinch the barb and line the hook with tying thread. Tie in the tail barbules and splay them out at 45 degrees to hook shank.

2. Tie in the spent wings by winding and clipping the hackle top and bottom, or use hackle tips or poly wings tied spent.

3. Form a slender, tapered body using your choice of dubbing material and color. Make the body incorporate the spent wings. Form a small head, whip finish and cement.





MORNING STAR FISH OUT
By Bill McElroy

Save the Date >> May 11, 2013 for Morning Star

DUE ARE DUE! DUES ARE DUE! DUES ARE DUE!
By Steve Dixon

DUES ARE DUE!

CHARTER MEMBER and McKENZIE PLAQUE WINNER

BOOKS
By Neal Beechinor

There will be more fly fishing books available for purchase on a silent auction format at this month's meeting. Several books sold last month, but the few unsolds will be offered at reduced pricing this month, along with the new offerings. Remember, proceeds will go the Kids Fishing event scheduled in May.

WEBSITE VIDEO
By Bob Bates

Do you have any fishing or fly tying videos? Would you like to show them to the rest of the world? I can put them on the IEFFC website or the Washington Council FFF website.

It is easy. Just put them on YouTube and send the links to me. You can also get a picture from the video on the website. Click on the "Share" button, copy (ctrl c) the code that is generated paste (ctrl v) it into an e-mail to me. (bob-bates@msn.com)

Tom May, center, receiving the prestigious first "Cougar of the Month" crimson and gray shirt