

The Fly Leaf



Summer Update

July, 2014

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Presidents Retreat
INLAND EMPIRE FLY FISHING
CLUB
Long Lake, Ferry County
August 9, 2014
Wet Fly Hour: All Day

PRESIDENTS RETREAT LONG LAKE, FERRY COUNTY

This years Board Retreat is being held at Long Lake on August 9th. This is the smallish lake 10 miles south of Republic and not the Long Lake that is formed by Grand Coulee Dam.

The lake is a 14 acre fly fishing only lake that has a ton of cut-throat trout measuring up to about 18 inches. Most will be in the 11-14 inch range and the larger ones are often a bright red in color. There is an area to launch a boat, but motors are not allowed so pontoon boats and float tubes are the best vessels to use for fishing.

The lake is slightly over 3 hours from Spokane so it is possible to make it a day trip, but I highly recommend making at a two day affair with an overnight stay on Saturday night.

For those camping there are 12 tent/trailer campsites located in a forested area on Long Lake. Notes: 36ft maximum trailer length. Fee: \$8/night;\$2/extra vehicle

No showers but the restroom facilities are certainly acceptable.

There is a trail around the lake and the lake also has a resident eagle and a pair of loons. In addition, there is a smaller lake, (Fish Lake), just below Long Lake that is beautiful and has some nice rainbows. Not a huge number, but still worth a try.

We will be supplying dinner on Saturday evening at 6PM with a short Board Meeting following. It will be somewhat abbreviated and all who travel to the retreat are welcome to sit in. We encourage anyone who has interest in a future board position to put this activity on your calendar and plan on attending.

Some of us are planning on heading up on Friday and staying through to Sunday. The fishing is certainly worth the extra time and the camping facilities are really excellent. An added note: Family is certainly welcome and encouraged to attend.

If you have questions, feel free to contact me at 251-3394 or

PRESIDENT'S MESSAGE By Lee Funkhouser

We decided to do a quick summer update version of *The Fly Leaf* to bring everyone up to date with happenings. So many of our events happen in May and we have to wait until September to hear about them so I think this is a good thing.

I am hearing a lot of fishing stories and it sounds like a good number of fish are finding themselves caught by IEFEC members. Hope the good fishing continues through the summer and into the fall.

Morningstar and Kids Fishing were again tremendous successes. Thanks go out to Bill McElroy, Floyd Holmes, and Fred Shiosaki, as well as all the great volunteers. I can't say enough about the great job you all did.

Wishing the best to Russ Roundy as he battles his health issue. I know we want him back up here and healthy as soon as possible. Keep him in your thoughts and prayers.

I have included information regarding this years Board Retreat on August 9th. If you have questions don't hesitate to contact me. If you are planning on attending, make sure you RSVP so we know how many to expect. If you can't make it on the 9th, but want to fish Long Lake at a different time, I will be going up to do a sort of pre-fish on the 30th and 31st of July. I would love to have a small group up there for those days also.

We are limiting this edition to some summer updates so there isn't a Fly of the Month included, but Gene Lorensen will have his page back in the September issue of *The Fly Leaf*.

Inland Empire Fly Fishing Club—Spokane, Washington

Kid's Fishing By Floyd Holmes

This year's Kid's Fishing Day was a tremendous success and IEFEC again played a major role in the production. Floyd Holmes and Fred Shiosaki have kept our involvement at a high level and we continue to be a major contributor to the success of this fine program.

This year the program expanded to offer a special session on Friday for the kids at the Ronald McDonald House. The Legacy Committee came forward to supply the funding for bus transportation for the kids and their parents with a donation in memory of Will Shaw. Floyd Holmes and Jerry Harms accompanied the kids and a special thanks goes out to Northwestern Stage Lines for transporting the families to and from Clear Lake. This new program was well received and will be a part of Kid's Fishing for the future.

On Saturday we had a number of volunteers show up to help with the event. Those included Jerry Harms, Randy Shaber, Dick Odell, Jim Athearn, Paul Coopwood, Eric Delbo, Paul Davis, and Jerry Harms friend Warren Daubel.



BOARD MEMBER 2015

We will be looking soon for an IEFEC member interested in becoming a member of the IEFEC Board. If you are interested or know someone who you think would be a good fit, contact a member of the nominating committee.

The position is a three year position followed by movement through the offices of Secretary, Treasurer, Vice President and then President.

The task seems daunting, but is not nearly as difficult as one might think. There is an abundance of help available to those progressing through the process and the rewards are certainly worth the commitment. Our club is a great one and the opportunity to serve is an honor that everyone should consider.

If you are interested, the nominating committee consists of Bob Harley, Chet Allison, Mike Beasley and

Inland Empire Fly Fishing Club—Spokane, Washington

MORNING STAR FISHOUT

This years Morning Star Boys Ranch Casting/Tying and Fishing was held May 8 and 10, 2014. It was well received by the boys and those IEFFC members who participated are to be commended.

The Fly tying was held on May 8th and the following members were available to the boys to show them some basic patterns and assist them in learning how to cast. Special thanks to Mike Beasley, Merlin Heintz, Mark Hensley, Ward McAuliffe and Bruce Morgan. This part of the Fishout is often overlooked, but is so essential in preparing the boys for a good day of fishing on Saturday.

On Saturday everyone met for breakfast at LindeBees Diner at 7 am and had the usual great breakfast. The Legacy Committee covered the cost of the breakfast through a donation in memory of Jim Rose.

From the diner everyone headed to West Medical Lake where the boys were split up and placed in the various boats brought by IEFFC members. Those manning the boats included Stephen Aspinwall, Ray Kranches, Bob Harley, Bruce Morgan, Doug Pineo, Frank Faha, Harry Calhoun, Hugh Evans, Jim Athearn, Ladin Langeman, Paul Wham, Russ Roundy, and Bob Burton. We don't know until the morning of the fishout how many boys will be coming so the following members were ready to assist with a boat if needed; Jerry McBride, Jim Turner, Doug Brossoit and Bob Anderson. Thanks to all of these volunteers for making the program a huge success.

Catch and Release and Catch Again

Although there is a lot of controversy regarding the handling of fish, one thing for sure is we should all do our best to treat them well. Whether we believe the fish will survive or not, being careless will only make it more likely the catch and release process will be unsuccessful.

A recent example of success was noted by The Silver Bow when Sean Visintainer noticed that a recently caught brown trout had the same spotting as one caught along the same stretch of the Spokane River two years previously. The trout was visibly bigger and very healthy, causing us to believe that, at least for this fish, the process worked.

No matter where you are fishing, if you are practicing catch and release, do your best to give the fish every



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TICK BITES By Lee Funkhouser

We are in that season where tick bites are a concern. Lyme disease is our greatest concern, but ticks can also give us Rocky Mountain spotted fever, as well as a number of other infections. Be careful, but also realize that most tick bites **do not** result in Lyme Disease, especially if the tick was attached for less than 24 hours.

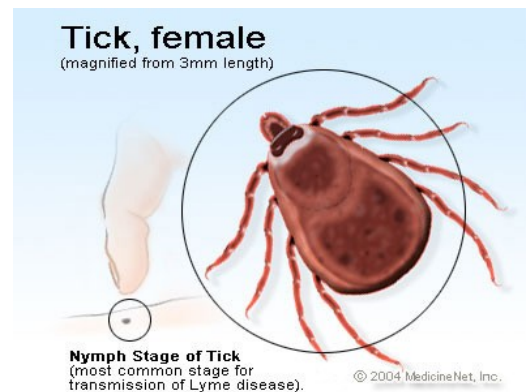
To remove a tick, grab it close to the skin with fine tipped tweezers and use gentle traction to pull it out. Do not twist it as the tick head has barbs and you may break off the head. Wash the area with soapy water or a mild disinfectant. Applying an antibiotic ointment is also recommended. If part of the tick remains in the crater, retain the tick in a closed container as a help in assessing the risk of infection.

If a rash or flu-like symptoms appear in the following 30 days report them to your physician. Other symptoms can include weakness, nausea, fever, vomiting, palpitations, rash, joint pain, swelling, numbness, and confusion. Lyme disease often results in an evenly red or a bulls eye shaped rash. Rocky Mountain spotted fever

To help prevent bites you can do the following:

1. Wear light-colored clothing so ticks can be easily seen, and brush them off.
2. Tuck pants into boots or socks to avoid ticks crawling up loose pant legs.
3. Apply insect repellent and use the brands designed to repel ticks. Follow label instructions. Avoid use of DEET-containing repellents on children. Carefully follow instructions and apply some repellents directly to skin and others to clothing. DEET-containing repellents with concentrations of 15% or less may be suitable for children. These should be carefully applied strictly following label directions. Repellents containing permethrins may be applied to clothing but not to skin. In areas that have a high tick population, DEET-containing repellents may need to be reapplied more frequently than for repelling mosquitoes. Follow the package label instructions carefully.

Most importantly, don't hesitate to seek medical help even if you aren't absolutely sure you have been infected. Timely treatment



Submissions for publication in the Fly Leaf can be made by contacting Lee Funkhouser at flyleaf.ieffc@gmail.com. Articles should be submitted by the last Friday of the month for inclusion in the following months newsletter.